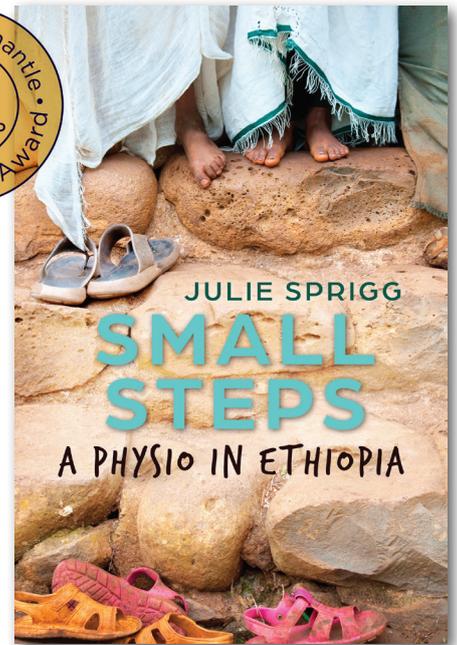


SMALL STEPS

A PHYSIO IN ETHIOPIA

by JULIE SPRIGG



ABOUT THE BOOK

As a child, Julie dreamed of being somewhere else, of making a difference. Now, she can't wait to meet the nuns she will live with and the children she will provide physiotherapy for in Ethiopia.

But Julie has trouble sticking to convent rules and soon finds herself wondering how much difference a single physio can make anyway.

When she takes a teaching role at a university, Julie finally feels closer to fulfilling her dreams – training Ethiopia's first physiotherapists, treating paediatric patients, and losing her heart to a handsome colleague.

Then civil unrest reaches the university, forcing Julie's students to choose between their safety and their future. When it comes to being a part of change, why do all steps feel like small steps?

ABOUT THE AUTHOR

Julie Sprigg is a Perth-based author whose debut book *Small Steps: A Physio in Ethiopia* was shortlisted for the 2018 City of Fremantle Hungerford Award. She worked as a physiotherapist for ten years before switching to a career in foreign aid with programs improving the rights of people with disabilities. After years of regular travel to China, India, Bangladesh, Cambodia, Vietnam, Vanuatu and Ethiopia, Julie returned to Perth and now evaluates government programs to overcome social disadvantage. When not writing or working, she can be found reading a picture book atlas with her young son and delighting in domestic adventures.



KEY POINTS

- *Small Steps* is based on Julie's real-life experience of working as a physiotherapist in Ethiopia.
- Julie Sprigg was shortlisted for the 2018 City of Fremantle Hungerford Award.
- Free book club notes are available from fremantlepress.com.au.

PRAISE FOR THE AUTHOR

'This work is a highly readable account of a young Australian woman who swings between small daily triumphs with her clients, and despair at their poverty and illness, for which there are few resources, equipment or medicine. Is it possible for one young woman to 'do good' and make a difference? And of what consequence are the author's own struggles when her clients are dealing with the much larger question of basic survival?'
Hungerford judges report 2018

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